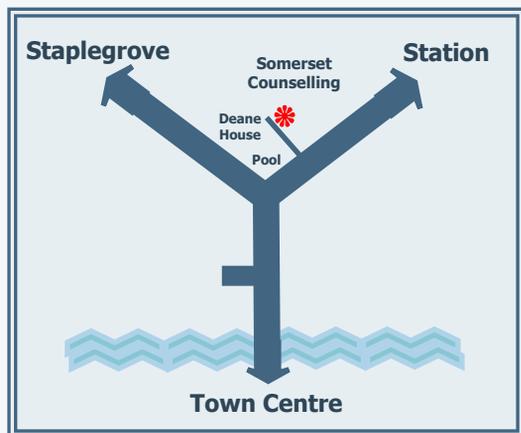


Contact us to make an appointment...



Somerset Counselling Centre (shown marked * on the map) is open by pre-booked appointment, Monday to Friday between 8.00 am and 8.00 pm.

We can be contacted by telephone, email or by visiting www.scctaunton.org.uk.

The cost per session is £45

Director of Services: Jan Walker
Administration Manager: Mervyn Roberts

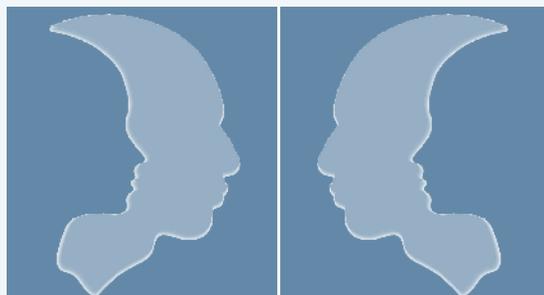
**38 Belvedere Road
Taunton TA1 1HD
01823 337049**

If you leave a message on our answer machine we will get back to you within two working days.

www.scctaunton.org.uk

*SCC has provided a counselling service since 1990
SCC is a registered Charity No. 1038975*

Relationship Counselling



Every relationship is unique and goes through times of change.

Professional relationship counselling enables you to better understand yourself and your partner and helps you become aware of the origins of your relationship difficulties and how to address them.

S  **C**
SOMERSET COUNSELLING CENTRE

Somerset Counselling Centre

For more information visit:
www.scctaunton.org.uk

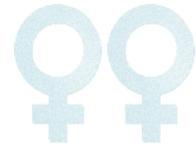


Many couples who separate never discuss what happened to their relationship; a relationship which started out with love and hope for the future, but now is no longer fulfilling.

Like people, all relationships change and develop through the years; events outside the relationship, such as death of parents, growing children or work problems can also affect it and bring about changes.

Difficulties in communication can be a key factor in relationship breakdown. It is not easy to look at painful and traumatic areas, to cope with conflict or to struggle with differing needs at different times in a relationship.

Many turn to family or friends which can be helpful and supportive initially. However these people may be too close to help improve the situation, particularly over intimate issues.



Who is it for?

Relationship counselling is open to all. Our confidential service can help you deal with your relationship difficulties whether you are married, living together, in a same sex relationship, separated or divorced.

Do the counsellors have special training?

Experienced counsellors offering Relationship Counselling have undergone additional training to work with couples and relationship issues.

Can I come on my own?

If your partner doesn't want to come with you it may be advisable to book an individual assessment to work out whether couple counselling is the right approach for you.

We aim to make our service available to all relationships regardless of age, race, sexuality and religion.

